

Shift Your Grief – A One Day Equus Experience

For Anyone Who Has Lost a Loved One

Saturday, October 10, Ramona, CA

With Master Coaches Martha Atkins, PhD and Renee Sievert, RN, MFT



You Are Ready!

For Change. For forward movement. *For clarity, so you can make better decisions for yourself.*

Why Horses?

The horse is a mirror for our energy and will show us what we need to know. Your job is to walk into the round pen and do some fun and engaging exercises we will have just for you. Did you get that last part? ***Just For You!***



This is custom work. We don't do the same thing for everyone because everyone needs something unique.

You will be different when you leave the horses. You will experience your energy in new ways and will know how to access that energy anytime you want. Can you see how this will impact your day-to-day life? When you know how to get in your own personal zone, you can, if you choose, show up in your life in new ways. You will learn and use new tools for your own personal power and your full access pass.

Why These Coaches?

Renee is gifted at reading the feedback from the horse and knowing what you need in the moment. Things change on a dime and Renee can track where you are like a ninja.

Renee does this work because it's fast and profound and she can help you

make significant changes in a short amount of time.



Martha sees energetic patterns between the client and the horse and how those relate to regular life. Each client shows up with their own stories about the pain and Martha helps tease out what parts of the truth to keep and what to release. Her favorite thing is helping you see

how strong you are. How much potential is sitting right there inside of you.



Why Now?

Here's the best answer: You.

You want a significant, powerful, and deep shift.

You want this year to be different and better than the past year.

Start now. Come meet the horses that will change your life.

Space is limited to keep the group size small.

Cost is \$650 for the day. Includes refreshments, lunch, two master coaches and several four-footed co-facilitators.

Questions? Email Renee at SievertServices@aol.com or Martha at Martha@MarthaAtkins.com

Register online at www.SievertServices.com